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the European Communities Choosing Happiness Even When Life Is Hard  
How To Defeat Procrastination And Keep Hustling Even When You Don't  
Feel Like It Even When I am Old and Gray Regulations for the Order and  
Discipline of the Troops of the United States Even Though We're Adults Vol.  
5 The Second Leg Down How to Get Pregnant, Even When You've Tried  
Everything Wrestling with the Divine Studies in Nepali History and Society

Surviving prison as an innocent person is a surreal nightmare no one wants to think about. But it can happen to you. Justin Brooks has spent his career freeing innocent people from prison. With *You Might Go to Prison, Even Though You're Innocent*, he offers up-close accounts of the cases he has fought, embedding them within a larger landscape of innocence claims and

robust research on what we know about the causes of wrongful convictions. Putting readers at the defense table, this book forces us to consider how any of us might be swept up in the system, whether we hired a bad lawyer, bear a slight resemblance to someone else in the world, or are not good with awkward silence. The stories of Brooks's cases and clients paint the picture of a broken justice system, one where innocence is no protection from incarceration or even the death penalty. Simultaneously relatable and disturbing, *You Might Go to Prison, Even Though You're Innocent* is essential reading for anyone who wants to better understand how injustice is served by our system. This book is not a list or an overview of various theories of ethics. Nor is it a didactic manual for specific teaching units on moral education aimed at some group based on age or a particular theme (although some educational frameworks will be proposed). As the title suggests, the book intends to seek the starting points or foundations without which no moral education would be possible. The goal is to formulate and tackle the key questions that precede all moral education. What makes “good vs. evil” language possible and meaningful? Can virtue be taught and learned? What makes our actions good? What is the condition of human nature? Are we naturally good, or evil? What constitutes an educator’s right to morally influence anyone else (not just a child)? What is the goal of moral education? What does a morally educated person look like? And how can we ensure the coveted moral result? Or—in the words of Jan Amos Comenius, the “teacher of nations”—how to educate a person to not only know what is good, but also to want what is good, and to do what is good “even when no one is looking?”

I marry a gorgeous executive, have a baby, lose all the weight (most of it)—and move to a fine house in the suburbs with a welcoming new church. Wait—did I say welcoming? One teeny waaah! and new mothers and their crying babies are exiled to a separate room. At least there's some enlightening conversation. Like about my husband and issues I didn't even know about! And then there's my aptly named mother-in-law, Queen Elizabeth, who can't stand me. I'm about to lose my mind! So it's high time for a visit to the Sassy Sistahood for some much-needed advice about men, marriage and motherhood! A young woman speaks out against her wealthy abuser in this riveting YA novel from one of Ghana’s most celebrated children’s book authors. When Amerley is offered a job working for one of her mother’s old school friends, she knows she has to accept. Her wages will feed her family, help her sisters stay in school, and ensure that her

mother won't have to worry about them. Amerley's move to Accra isn't easy, but she soon settles into her new life away from her small village—until she is raped by the son of her employer. Torn between keeping quiet to keep her job and speaking up for herself and for justice, Amerley must decide how to live her truth, and the impact of her choice will be felt through her entire community. Through the life of an ordinary girl from a small country village, *Even When Your Voice Shakes* exposes the damage wrought by institutionalized misogyny and poverty and reveals how even those who are most disadvantaged are never without their own power. Are you always putting off your most important work which will bring you closer towards your dream? Has procrastination become your habit? In this book you will discover ideas and methods to overcome procrastination and keep hustling even when you are not in the mood. If you are feeling stuck this book will assist you to move past your stagnation point using simple but practical methods. *How To Defeat Procrastination And Keep Hustling Even When You Don't Feel Like It* is a book that will help you to handle our number one enemy towards achievement, procrastination. Written by Mugilan Parimalam who himself was putting off his important tasks used ideas mentioned in the book to defeat procrastination and accomplish his personal goals. The ideas in the book is simple yet practical which will allow you to almost immediately test it out in your current situation. It is a fast read and will assist you to get unstuck and to keep up your hustle. One of the chapters in the book will provide you 17 practical ideas for you to implement in the journey to defeat procrastination. It will be a trigger for you to look at procrastination from a different angle. No matter which field you are involved in, if you are feeling stagnant this book will help you to gain your real momentum again. The issues that surround the loss of a spouse are numerous and complex. A very small sampling of these issues include helping children cope with a parent's death, re-entering the workplace and eventually re-entering the world of dating, love and intimacy; as well as moving through a profoundly emotional period. The widowed must find a way to accept and deal with these oftentimes conflicting and confusing emotions while being expected to "carry on and carry forward" by those around them. The widowed must also adjust financially and legally; as well as be available to children that inevitably look to their surviving parent for guidance and support. Whether newly widowed or widowed for many years, those who has suffered the loss of a spouse have many questions that need answering and they likely know no one who is

adequately qualified to answer those questions. Award-winning author and grief recovery expert, Carole Brody Fleet follows up the critically acclaimed: "Widows Wear Stilettos" with the aptly-titled, Happily Even After, the first and only book of its kind; answering the most common questions that the widowed generally have both immediately following a spouse's death as well as months and even years thereafter. These questions are excerpted from thousands of actual letters received by the author and the responses are from the author's own perspective; based upon considerable personal and professional experience and insight. Since the questions featured are the more commonly asked questions by those who are themselves widowed, readers will likely find answers to most of the questions that they have concerning widowhood; dealing with everything from child rearing as a widowed parent to coping with relatives who fancy themselves financial wizards, to the "rules of intimacy"...and a wide-ranging variety of subjects in between. In her warm, witty and wise tone, Carole walks widows through the shock and overwhelming sadness and back into the land of the living. Whether you are a young woman in the early years of a marriage, a Golden Anniversary celebrant or a "widow of the heart" who lost a significant other with no legal claims, Fleet will hold your hand and offer you practical tools for any problem you may face. Most importantly, Happily EVEN After will help you reclaim YOU.

Ayano leaves her husband Wataru and moves back into her parents' home. She's determined to use this time to really think about what she wants out of life, but Wataru is unwilling to back off and is dead set on fixing their marriage. Akari, meanwhile, can't help but wonder if she and Ayano might have a future together after all. June Shelley is a woman who has been determined to get the most out of life as demonstrated in a worldwide saga of movies, men and music. Inspired by glimpses of the silver screen from her father's projection room in the local cinema, she became a child actress and then in her teens toured the States doing one night stands in theater companies. Settling in California to try and conquer the movies, she starred in a film that writer, producer, actor, director Hugo Haas (known as the poor man's Orson Welles) wrote for her. She heard Ramblin' Jack Elliott, a folk singer-guitar player (Jack has inspired Arlo Guthrie, Bob Dylan, Mick Jagger, Donovan and a whole generation of musicians) perform at Will Geer's herb farm in Topanga Canyon, married him and embarked on an adventure that would last 5 years. Visiting Woody Guthrie in his hospital room, playing for royalty in London, sailing from England to North Africa to

Spain with a friend, sometimes starving and cold on the streets of Europe, June and Jack lived the lives of itinerant “buskers”. Leaving Jack, June worked for Otto Preminger in Israel and became an object of his hate. She traveled all over the Orient, taking an exotic range of lovers. In Japan, she dubbed Japanese films into English and worked as Shirley MacLaine’s stand-in, learning the surprising truth about Yves Montand when they had a location affair. She recently found out that Shirley also took Yves as a lover soon thereafter. She eventually met and lost the love of her life, a well-known movie director. Heading back towards Europe, she danced with a princess in Cambodia and, settling in Paris, ran a film dubbing company and acted in French and American films. Moving to the south of France with her writer second husband, she became the personal assistant to the Rolling Stones during their scandal-filled tax exile, ending up taking Keith Richards and a pregnant Anita Pallenberg for a drug cure in Switzerland. She “talked dog” with George Foreman and met Mohammed Ali and Don King in Zaire, while working for the groups putting on the championship fight and it’s accompanying music festival, highlighted in the Oscar winning film “When We Were Kings”. She presently works in International Sales & Marketing at RKO Pictures in Los Angeles. She is a consulting producer on and appears in The Ballad of Ramblin’ Jack a feature length documentary, which won the Special Jury Prize in the Sundance Film Festival, 2000. Why? Why do bad things happen if God is so good? The answer is within these pages. Even When Bad Things Happen, God Is Good addresses the age-old philosophical question: Why is there tribulation in the world if God is good? Along with other classics addressing this perplexing question such as The Problem of Pain by C.S. Lewis and The Wounded Healer by Henri Nouwen, Dr. Leary E. Bonnett sensitively explores this very common question with the skill and spiritual experience of a person deeply committed to helping you learn to trust God in every circumstance. Reshaping the way you think, act, and react to problems impacting your life empowers you to be in control—under God’s grace and mercy. Everyone experiences adversity at some time along life’s journey, but when you have concrete steps showing you how to partner with God, you can unshackle yourself from the throes of troubles. You will be inspired to live a more meaningful life, in thought and deed, and make God a personal reality in your life—starting today! We expect that getting what we want will finally make us happy, but what we find is that it mostly just leads to wanting more or wanting something different. Our desires toss us to and

from until we tire of this and begin to question the value of following our desires. *Being Happy (Even When You Don't Get What You Want)* will help you understand desire and its purpose in your life. It will also help you discriminate between your Heart's desires and the ego's and to relate to the ego's desires in a way that reduces suffering and increases joy. By pointing out the myths about desire that keep us tied to our ego's desires and the suffering they cause, *Being Happy (Even When You Don't Get What You Want)* will help you be happy regardless of your desires and whether you are attaining them. So it is also about spiritual freedom, or liberation, which comes from following the Heart, our deepest desires, instead of the ego's desires. It is about becoming a lover of life rather than a desirer. A review from Neale Donald Walsch, author of *Conversations with God*:

"*Conversations with God* says that happiness is not getting what you want, it is wanting what you get. Others have made the same observation, and in fact, this thought seems to be as old as time. Still, it is good to hear it again, to visit it once more, to connect with the wisdom yet one more time. And few books do as good a job, as quickly, of reconnecting us with that wisdom than this one by Gina Lake. This book had a lasting impact on me. I highly recommend it.... It offers a simple, accessible, articulate, and interesting take on the very human experience of desire and gives us the tools to make clear choices about how we want to live our lives. An excellent read." This book was formerly titled *Anatomy of Desire: Get the Job You Want, Even When No One's Hiring You CAN find a good job in a bad economy – but NOT with conventional search strategies. New Rules for a New Reality Today's job market is the toughest in recent history, and the challenges are here to stay. Even so, you CAN get the job you want – IF you discard conventional approaches to the search. Get the Job You Want, Even When No One's Hiring is the ONLY career book that: Explains the special strategies necessary to land a job during an economic crisis Integrates comprehensive, practical guidance on both job search and career management Provides an extensive online "Job Search Survival Toolkit" to augment the book Addresses the realities of this job market with real-world, actionable steps Positions this downturn in the economy as a positive opportunity to develop a much better career In Get the Job You Want, Even When No One's Hiring, career expert Ford R. Myers maps the new world of job search and reveals essential strategies for your success. You'll learn how to seize opportunities that aren't posted yet ... how to make yourself an instant asset to potential*

employers ... how to clearly stand-out as the best candidate ... and how to leverage social media, blogs, and other Web tools. Best of all, you'll learn how to "recession-proof" your career for the long term. Can YOU Get the Job You Want, Even When No One's Hiring? With this powerful new book – YES, you can! New York Times Bestseller • Notable Book of the Year • Editors' Choice Selection One of Bill Gates' "Amazing Books" of the Year One of Publishers Weekly's 10 Best Books of the Year Longlisted for the National Book Award for Nonfiction An NPR Best Book of the Year Winner of the Hillman Prize for Nonfiction Gold Winner • California Book Award (Nonfiction) Finalist • Los Angeles Times Book Prize (History) Finalist • Brooklyn Public Library Literary Prize This "powerful and disturbing history" exposes how American governments deliberately imposed racial segregation on metropolitan areas nationwide (New York Times Book Review). Widely heralded as a "masterful" (Washington Post) and "essential" (Slate) history of the modern American metropolis, Richard Rothstein's *The Color of Law* offers "the most forceful argument ever published on how federal, state, and local governments gave rise to and reinforced neighborhood segregation" (William Julius Wilson). Exploding the myth of de facto segregation arising from private prejudice or the unintended consequences of economic forces, Rothstein describes how the American government systematically imposed residential segregation: with undisguised racial zoning; public housing that purposefully segregated previously mixed communities; subsidies for builders to create whites-only suburbs; tax exemptions for institutions that enforced segregation; and support for violent resistance to African Americans in white neighborhoods. A groundbreaking, "virtually indispensable" study that has already transformed our understanding of twentieth-century urban history (Chicago Daily Observer), *The Color of Law* forces us to face the obligation to remedy our unconstitutional past. The daughter of a colonel in the army of the Shah of Iran describes her privileged early childhood, her father's arrest and execution, and her mother's decision to divide the family until they could start a new life together in the United States.

Mindfulness is a quality of attention that combines full awareness with acceptance of each moment, just as it is. This book presents simple mindfulness-based stress reduction techniques and insights for people with cancer and other serious illnesses. The message is that it is possible to be well and to feel at ease even when one is sick. The book provides guidance readers can use throughout treatment and beyond to

reduce stress and to cultivate a sense of courage, appreciation of life as it is, and even happiness. The author, a psychotherapist, cancer survivor, and longtime teacher of mindfulness techniques, writes with compassion and wisdom, and has created a book that will be a practical companion for anyone coping with the emotional challenges of dealing with cancer or other serious illness. Includes a downloadable companion 60-minute audio program with five simple mindfulness practices. The award-winning author of *Widows Wear Stilettos* and grief recovery expert helps women cope with the legal and financial difficulties associated with the death of a spouse as well as going back to work, and eventually dating again. 10,000 first printing. Is happily-ever-after a myth—or can you experience something even better? Couples don't ride off into the sunset after their honeymoon. The truth is marriage is hard. Maybe you're in a place where you're feeling that. You might even feel like this is the end. Bob and Dannah Gresh have been there. But they decided to participate in God's redemption story. Together they discovered something better than romance: a love that endures. Whether your relationship is suffering from pornography, addiction, an affair, or just years of unhappiness, Jesus Christ can help you redeem the broken places of your marriage. In *Happily Even After*, Dannah is a friend who walks beside you and helps you: stop pretending everything is okay strengthen yourself in the Lord fight for your husband instead of with him discover 7 essential beliefs every marriage needs to survive broken places participate in your husband's redemption story Dannah demonstrates how to forgive, live with joy, and hold your head high while you participate in His redemption story for your husband. You may feel like your story is over, but no one writes better—or happier—endings than Jesus. Cut risk and generate profit even after the market drops *The Second Leg Down* offers practical approaches to profiting after a market event. Written by a specialist in global macro, volatility and hedging overlay strategies, this book provides in-depth insight into surviving in a volatile environment. Historical back tests and scenario diagrams illustrate a variety of strategies for offsetting portfolio risks with after-the-fact options hedging, and the discussion explores how a mixture of trend following and contrarian futures strategies can be beneficial. Without a rational analysis-based approach, investors often find themselves having to cut risk and buy protection just as options are at their most over-priced. This book provides practical strategies, expert analysis and the knowledge base to assist you in recovering your portfolio. Hedging strategies are often presented as



expensive and unnecessary, especially during a bull market. When equity indices and other unstable assets drop, they find themselves stuck – hedging is now at its most expensive, but it is imperative to hedge or face liquidation. This book shows you how to salvage the situation, with strategies backed by expert analysis. Identify the right hedges during high volatility Generate attractive risk-adjusted returns Learn new strategies for offsetting risk Know your options for when losses have already occurred Imagine this scenario: you've incurred significant losses, you're approaching risk limits, you must cut risk immediately, yet slashing positions would damage the portfolio – what do you do? The Second Leg Down is your emergency hotline, with practical strategies for dire conditions. Even When She Forgot My Name serves to inspire and educate caregivers of all kinds, giving them strength and hope as they attend to aged relatives and friends. Together with a few scattered illustrations, certain pages of the book are imaginatively interspersed with a typeface that delineates the patient's state of mind. "To be honest, at this point only two things interest me: my oncologist's advice and if you can teach me to pray." So began a two-year correspondence between a medical doctor who became a priest, Benedictine monk, and now prior of Montserrat—the monastery that is a spiritual, cultural, historical, and environmental icon in Catalonia—and an accomplished and beloved cardiologist, scientist, mentor, daughter, sister, wife, mother, and friend with a newly diagnosed lung tumor. In this profoundly honest book, two spiritual seekers on two different life-paths walk together through the valley of the shadow of death, praying the psalms in joy and anguish, doubt and praise. The letters and conversations shared between Magda and Fr. Ignasi offer deep and poignant insights into the very human—and quotidian—dynamics of the life-and-death journey we all face. To find more information on Rowman & Littlefield titles, please visit us at [www.rowmanlittlefield.com](http://www.rowmanlittlefield.com). "With the first book on conscious uncoupling, bestselling author and licensed psychotherapist Katherine Woodward Thomas forges a new path for those in the midst of a breakup or divorce. Thomas's groundbreaking work and five-step plan promises a new way to end a failing relationship that isn't bitter and needlessly painful, but is instead characterized by goodwill, generosity, and respect. With its precepts, couples learn how to do minimal damage to themselves, each other, and their children"-- Racial and ethnic disparities in health care are known to reflect access to care and other issues that arise from differing socioeconomic conditions. There is, however, increasing evidence

that even after such differences are accounted for, race and ethnicity remain significant predictors of the quality of health care received. In *Unequal Treatment*, a panel of experts documents this evidence and explores how persons of color experience the health care environment. The book examines how disparities in treatment may arise in health care systems and looks at aspects of the clinical encounter that may contribute to such disparities. Patients' and providers' attitudes, expectations, and behavior are analyzed. How to intervene? *Unequal Treatment* offers recommendations for improvements in medical care financing, allocation of care, availability of language translation, community-based care, and other arenas. The committee highlights the potential of cross-cultural education to improve provider-patient communication and offers a detailed look at how to integrate cross-cultural learning within the health professions. The book concludes with recommendations for data collection and research initiatives. *Unequal Treatment* will be vitally important to health care policymakers, administrators, providers, educators, and students as well as advocates for people of color.

How I was able to find peace and joy in the face of diversity and tribulations. Early in life, I have always had Someone looking after me even when I did not realize it. Later in life, after becoming a true believer, my faith was challenged. Even in the face of this chronic illness called MS, my faith never faltered. I did not revert to asking, "why me?" I know my purpose is to boldly show what Christ has done in my life regardless of any obstacles. Born on Chicago's west side in 1958, I aspired to do better than what was expected. I did the traditional college. I got my Bachelor of Science and Masters degrees. I started my career in Chicago. Working for corporate giants like Merrill Lynch, IBM, and Siemens was what I thought I was supposed to do back then. In 1999 I was blessed with employment at a small, public, non-corporate technology organization. However, in 2001, I experienced a steady decline of my health. Not knowing what to do, I went to my primary physician for help, but the prescribed stress pills did not work. Finally, in 2006, I received a call at a time when most doctors were not working. I was diagnosed with MS. This moment may be a struggle. Even though it is hard, you have not lost yourself. You are still making your way through, finding your own way forward. This supportive encouragement book is an opportunity to reconnect--with your breath, with your body, with your being. Inspired by the therapeutic practice of EFT tapping, the book's rhythmic prose pairs with artistic photography to ease anxious feelings and create a

healing refuge in the midst of life's storms. Offer this calming book as a reassuring gift for someone navigating tough times, navigating anxiety, or facing a divorce or breakup. When you've tried everything to get pregnant—from eating the right foods to spending thousands on medical treatments—and nothing's worked, it's hard to stay positive. But this book holds the key to success. The mind-body connection, a vastly under-acknowledged and under-studied area in fertility, has helped many women become pregnant. It can help you, too. Holistic fertility coach A'ndrea Reiter teaches you about the four areas that may be blocking your ability to conceive and offers concrete ways to navigate them. Her mind-body approach focuses on natural methods instead of invasive and expensive fertility procedures. A'ndrea also provides practical exercises, in-depth case studies, eye-opening information, and expert guidance on understanding the nuances of energy and mindset. Whether you have PCOS, endometriosis, male factor infertility, unexplained infertility, thyroid issues, or are over forty, A'ndrea can show you how to move through it and achieve your dream of motherhood. Life is Great Even When It Sucks helps you deal with old and new challenges we face everyday. This book helps you move forward past fears and behaviors that block you from being who you really are and doing what you really want to do. Using a simple system this book will teach you healthy ways to trust, deal with conflict, be accountable, honor your commitments and live with the results of your choices. You use this five-point system now, you just don't know how to use it powerfully. Combining the five-point system with a new understanding about the influences from family, societal and media cultures sheds a new light on all your relationships - personal, business and societal. Using your personal toolbox, uncovered by the strategies in this book, you will have the keys to unlock stagnant and destructive relationships, especially the one you have with yourself. Acknowledge and use your potential to achieve your dreams by learning what makes you do the things you do and why the other people in your life do the things they do. You are worth getting to know better. The shattering of our souls is determined by the analysis of our pain. Pain has the ability to poison the core of our being if it is not handled well. When something is inevitable, we must seek to adopt acts that put us in the driving seat of our lives. A beautiful mind is one that, even with a shattered soul, refuses to ride on the crest of emotion and refuses to be captivated by past experiences. Therefore, we must seek acts such as forgiveness in order to be in a position to embrace what each day brings.

Unforgiveness imprisons our souls, making us unable to experience peace. Pain doesn't have to transform us into immoral beings. We must prevent the toxic fumes of our experience from poisoning our existence. Hardships, loss of health, heartbreak, and hope. This is the heart of Katie's story. For three years, she battled an unknown, debilitating sickness. Finally, Katie was diagnosed with mold poisoning, fibromyalgia, chronic migraines, and a weak immune system – a diagnosis that still affects her life today. In the midst of her health struggle, she endured the heartbreaking and unexpected death of her intended fiancé. Yet during her hard, tear-stricken journey, Katie saw God lovingly taking care of her and bringing her encouragement through friends, the Bible, and His beautiful creation. Katie found hope and encouragement in the simple and true phrase, "God is good." Her solid belief in this phrase sustained her during her journey as she learned more about her faith in the God Who loves her. Although the journey has been hard, Katie wouldn't trade it for anything. It made her who she is today. Because of her love for people and her passion for her faith, Katie desires to use the story God has written for her to bring hope and inspiration to others. It is her sincere prayer that God uses her story to remind others just how good God is. Join her as she recounts the journey that made her realize that God is good, even when life is hard. When a child dies—even an adult child—bereaved parents are left with a "stomachache that never ends." No parent expects to make their child's funeral arrangements. The death of a child is a loss only those who have lived through it can fully comprehend. A grieving parent wonders if the sun will ever show its face again. After Wayne Triplett lost his son, he set out to write the book he most needed—one that would offer solace, support, and inspiration. Telling his story and the stories of other bereaved parents—he discovered that grief never ends, but that if we open up to it, it can transform itself. We can with God's help turn our heart-wrenching loss into something that will make a difference in the lives of others. One day we will pass through the storm of sorrow into new realms of sunlight and hope. - Find the road back to joy - Meet yourself in this book - Learn to live in the "new normal" - Affirm that life is still worth living - Find answers to the hard questions about death - Discover how God can truly heal a broken heart - Encounter real grief and real people dealing with it - Explore the journey through grief after the ultimate loss To find hope, to find faith, to find the way we can turn our sadness into service for others and into love in our own lives—these are the greatest challenges of loss. They are also the greatest

opportunities. All proceeds from the sale of this book benefit the Kevin Wayne Triplett Memorial Scholarship Fund. **THE ESSENTIAL WORK IN TRAVEL MEDICINE -- NOW COMPLETELY UPDATED FOR 2018** As unprecedented numbers of travelers cross international borders each day, the need for up-to-date, practical information about the health challenges posed by travel has never been greater. For both international travelers and the health professionals who care for them, the **CDC Yellow Book 2018: Health Information for International Travel** is the definitive guide to staying safe and healthy anywhere in the world. The fully revised and updated 2018 edition codifies the U.S. government's most current health guidelines and information for international travelers, including pretravel vaccine recommendations, destination-specific health advice, and easy-to-reference maps, tables, and charts. The 2018 Yellow Book also addresses the needs of specific types of travelers, with dedicated sections on: · Precautions for pregnant travelers, immunocompromised travelers, and travelers with disabilities · Special considerations for newly arrived adoptees, immigrants, and refugees · Practical tips for last-minute or resource-limited travelers · Advice for air crews, humanitarian workers, missionaries, and others who provide care and support overseas Authored by a team of the world's most esteemed travel medicine experts, the Yellow Book is an essential resource for travelers -- and the clinicians overseeing their care -- at home and abroad. "O Lord, do not forsake me, even when I am old and gray, until I declare your strength to another generation." (Ps. 71:18) Our heart's cry: not to be forsaken when we are vulnerable. This journal describes my mother's last years with me. She was two months shy of one hundred. Past experiences, memories, and values color the person she was. Bits of these and her letters to me are included. She describes what she feels as she faces different kinds of losses and her source of strength. Into the narrative are added the modern challenges my large family faced and recent news headlines. That we may declare God's strength and love to another generation. **Happily Even After**, by Alan Cohen shows us how to approach relationship parting in a way that bestows us with strength and empowerment, rather than pain and sadness. Alan tells us that we should define the success of a relationship by the quality of aliveness we experienced while the relationship thrived, and that although you may no longer have romantic love for each other, you can have a spiritual love that can endure forever. He calls this kind of love "Big Love." "Big Lovers recognize that the key to enjoying a better relationship with your next

partner is to appreciate the last one—for both the joys you shared and what you learned through the challenges." If you are ready to move from fear and separateness to mutual empowerment,— if you are ready to grow beyond strife, —this book offers you a new vision and many tools to live by. A romantic fun filled adventure of love, proper communication and understanding. That's what marriage is meant to be, but... when two imperfect people say "I do" it is not always easy to get there. There is a plan, however; a perfect plan that will work for any couple who is willing to apply it. "But things have gone too far," you might say. My friends, take it from me, you can live happily "ever" after "even" after things have not gone well simply by doing marriage right. Read and then do the things in these seven chapters and you will be well on your way to your marriage being the best that it can be! "If your heart needs to be encouraged, refreshed or even challenged in the area of marriage or relationships, then this amazingly insightful yet practical book is what I recommend by my good friend Pastor Barry Stagner. After 25 years of marriage this both increased my capacity to love and be loved. Couples who want a better marriage and singles who desire to be married, do yourself a favor and get and read this book now!" -Victor Marx National Speaker, Evangelist, Martial Arts Master Argues that happiness is a choice rather than an emotion and presents strategies for overcoming such negative emotions as anger, anxiety, and grief and achieving lasting happiness.

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